

Intensive Training Seminars

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Motivational Interviewing: Skill-building for Beginning and Intermediate Practitioners



Susan Butterworth, PhD, MS

Principal & Founder, Q-consult, LLC

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Entrepreneurial Leadership: Using Your Unique Talents to Achieve Professional Fulfillment; Influence Others and Craft Your Career



Patty Purpur de Vries, MS

Associate Director, Enterprise Wellness: Strategy & Innovation/Director,
Stanford LeadWell Network

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Building Brain Health and Fitness at Work



Heidi Hanna, PhD, FAIS

Executive Director, The American Institute of Stress

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Evaluating Workplace Health Promotion



Ron Goetzel, PhD, MA

Senior Scientist and Director of the Institute for Health and Productivity Studies (IHPS) at the Johns Hopkins Bloomberg School of Public Health/Vice President of Consulting and Applied Research for IBM Watson Health

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Stealing Fire: A Breakthrough, Step-By-Step Approach To Creating Inspiring Organizational Change So That The Healthy Choice Becomes The Easy Choice



David Hunnicutt, PhD, MS

Principal, David Hunnicutt, Int'l

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Activating Managers Boot Camp: Engaging Managers in Wellbeing, Why It Matters and How You Can Do It



Laura Putnam, MA

CEO and Founder, Motion Infusion, Inc

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